



Salem Ridge
GOLF & ACADEMY

BUILD YOUR GAME TRAINING PROGRAM

CREATED FOR THE BEGINNER GOLFER

PROGRAM DETAILS

4 – Golf Skill Acquisition Sessions

Build Your Game Price (Individual) \$400

Build Your Game Price (Semi-Private) \$600

**Please Note: Tax is Extra.*



Build Your Game Training Program

This program is designed with the beginner golfer in mind and will provide a starting point for learning the fundamental skills required to play the game of golf. The curriculum we have created provides the foundation for learning the key concepts and practical applications for proper golf swing sequencing, workable grip and posture, and the first steps for developing a good impact position. This program is all about learning basic movement patterns and golf fundamentals to be able to enjoy the game more.

Program Breakdown:

- 4 – Golf Skill Acquisition Sessions – 1-Hour in Duration/Session

Learning Outcomes:

1. Conceptual understanding of golf swing sequencing.
2. Conceptual understanding and practical application of workable grip and posture.
3. Introduction to the practical application of a functional impact position.

Price:

- \$400.00 + Tax (Individual)
- \$600.00 + Tax (Semi-Private)

Note:

The *Build Your Game Program* might not include a Skill Assessment (SA) and/or the use of Trackman 4 or K-Vest Human Motion Learning System during the golf skill acquisition sessions; unless it is deemed necessary by the PGA of Canada Professional administering the program. Training aids in combination with drills and exercises will be employed and used to help with retention and progress throughout the learning process. Due to the introductory and fundamental nature of this program it is the only Training Program at the Salem Ridge Golf & Academy that can be taken semi-privately (limited to a total maximum of two people).